

**Friday, September 16, 2022**

“What matters in life is not what happens to you, but what you remember and how you remember it.”

– Gabriel García Márquez, a Colombian novelist, screenwriter, and novelist most famous for his novel *One Hundred Years of Solitude* and winner of the 1982 Nobel Prize in Literature.

**Monday, September 19, 2022**

“If you have an opportunity to make things better and you don’t, then you are wasting your time on Earth.”

– Roberto Clemente, a Puerto Rican baseball player who played for 18 seasons with the Pittsburgh Pirates. He was the first player from the Caribbean and Latin America to win a World Series as a starting position player and a Gold Glove Award Winner for 12 consecutive seasons from 1961-1972.

**Tuesday, September 20, 2022**

“I believe that fortitude is key. More than anything, be consistent. Go at it. Go at it. Go at it. When you succeed, don’t forget the responsibility of making somebody else succeed with you.”

– Antonia Novello, a Puerto Rican physician and public health administrator. In 1990, she was appointed the first Hispanic and first female Surgeon General of the United States.

**Wednesday, September 21, 2022**

“Your great strength is knowing who you are.”

– Oscar de la Renta, a Dominican fashion designer who gained popularity and international recognition after dressing First Lady Jacqueline Kennedy in the 1960s

**Thursday, September 22, 2022**

“I know who I am and who I may be, if I choose.”

– Miguel de Cervantes Saavedra, an early modern Spanish writer known especially for his famous novel, *Don Quixote*

**Friday, September 23, 2022**

“At the end of the day, we can endure much more than we think we can.”

– Frida Kahlo, a Mexican painter known for her work inspired by nature and artifacts of Mexico. In 1939, she became the first Mexican artist to be featured in the art collection at the Louvre museum in Paris, France.

**Monday, September 26, 2022**

“Though we tremble before uncertain futures, may we meet illness, death and adversity with strength, may we dance in the face of our fears.”

– Gloria Anzaldúa, American Tejana and Chicana author and scholar of Chicana cultural theory

**Tuesday, September 27, 2022**

“I don’t study to know more, but to ignore less.”

- Juana Inés de la Cruz, a Mexican writer, philosopher, composer, and poet during the Spanish Golden Age recognized in modern times as a protofeminist advancing themes of colonialism, education rights, and women’s religious authority

**Wednesday, September 28, 2022**

“The most valuable possession you can own is an open heart. The most powerful weapon you can be is an instrument of peace.”

– Carlos Santana, a Mexican-American 10-time grammy award winning guitarist who formed the band Santana, a group which pioneered the fusion of the Rock and Roll and Latin American Jazz music genres.

**Thursday, September 29, 2022**

“Education is what allows you to stand out”

– Ellen Ochoa, an American engineer, former astronaut, and former director of Johnson Space Center. In 1993, she became the first Hispanic woman to go to space when she served on a nine-day mission aboard the Space Shuttle Discovery

**Friday, September 30, 2022**

“One of the greatest things you have in life is that no one has the authority to tell you what you want to be. You’re the one who’ll decide what you want to be.”

– Jaime Escalante, a Bolivian-American educator who grew famous for teaching AP Calculus to hundreds of students at Garfield High School in East Los Angeles, a school at the time known for poor academics and low math performance.

**Monday, October 3, 2022**

“It is through art that we will prevail and endure. It lives on after us and defines us as a people.”

– Rita Moreno, a Puerto Rican actress, dancer, and singer who is one of the last remaining stars from the Golden Age of Hollywood. She is one of the few performers in the industry to have earned all 4 performance awards during her career: an Emmy, a Grammy, an Oscar, and a Tony.

**Tuesday, October 4, 2022**

“I try to be as honest about what I see and to speak rather than be silent, especially if it means I can save lives, or serve humanity.”

– Sandra Cisneros, a Chicana writer who was the first Mexican-American female writer to have her work published by a mainstream publisher. She is most known for her work *The House on Mango Street*

**Wednesday, October 5, 2022**

“Someday, somewhere - anywhere, unfailingly, you'll find yourself, and that, and only that, can be the happiest or bitterest hour of your life.”

- Pablo Neruda, a Chilean poet-diplomat and politician who won the 1971 Nobel Prize in Literature for his poetry and writings

**Thursday, October 6, 2022**

“When opportunity presents itself, grab it. Hold on tight and don’t let go.”

– Celia Cruz, a Cuban -American singer and one of the most popular Latin artists of the 20th century. She has become known internationally as the Queen of Salsa.

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**Friday, October 7, 2022**

“Painting is an essential function of human life. Wherever human beings live, painting has existed and exists. Painting is a language, as with words.”

– Diego Rivera, a prominent Mexican painter famous for his frescoes and murals. As of 2018, his painting *The Rivals* holds the record for the highest price at auction for a Latin American work. He is also famous for being married to Frida Kahlo, a Mexican painter quoted earlier this month.

**Wednesday, October 12, 2022**

“I’m always learning new techniques and improving beyond my own knowledge because there is always something new to learn and new horizons to discover.”

- José Andrés, a Spanish-American chef, restaurateur, and founder of World Central Kitchen, a non-profit organization devoted to feeding people in the wake of natural disasters. He is often credited with bringing the “small plates” concept to the American dining experience.

**Thursday, October 13, 2022**

“You shall create beauty not to excite the senses but to give sustenance to the soul.”

-- Gabriela Mistral, a Chilean poet, diplomat, and educator who is known for being the first Latin American author to receive a Nobel Prize in Literature

**Friday, October 14, 2022**

“The United States gave me opportunities that my country of origin could not: freedom of the press and complete freedom of expression.”

– Jorge Ramos, a Mexican-American journalist and author, regarded as the best-known Spanish-language news anchor in America. He has won 10 Grammy awards and has been included on Time Magazine’s list of “The World’s Most Influential People”